

Parent Friendly Classes Fall 2010 Catalog

SEPTEMBER

Homemade Toys for Infants and Toddlers

CDA 2

Have you ever given a young child an expensive present only to find that they are more interested in the box? In this class, we'll demonstrate how to make toys for infants and toddlers that are developmentally appropriate, easy to make, inexpensive, and delightful for the children in your care. You'll make a toy to take home, and get ideas for lots more. Please bring scissors and glue or a glue stick to this class

Instructor: Kathy Lee

Time: Saturday, September 11, 9:00–12:00 p.m.

Fee: \$30.00, 3 in-service hours

Location: RCC WEST – Hennepin Square, Minneapolis

Instructor: Kathy Lee

Time: Thursday November 4, 6:30–9:30 p.m.

Fee: \$30.00, 3 in-service hours

Location: Resources for Child Caring, St. Paul

Toddler Biting

CDA 3

Are you frustrated by the frequency of children biting in your care? Come learn why toddlers are so quick to bite and learn some techniques for intervening and preventing toddler biting.

Instructor: Joan Mick

Time: Tuesday, September 14, 6:30–8:30 p.m.

Fee: \$20.00, 2 in-service hours

Location: The Learning Lodge, Ramsey

Instructor: Judy Davis

Time: Saturday, December 11, 10:30–12:30 p.m.

Fee: \$20.00, 2 in-service hours

Location: RCC WEST- Hennepin Square, Minneapolis

Toilet Learning

CDA 3 or 8

There are many different ideas and theories on how young children should be toilet trained. We will look at how this milestone in development can be reached from a logical and developmental process to set toilet training up for success and less frustration for child and provider.

Instructor: Judy Davis

Time: Monday, September 27, 6:30-8:30 p.m.

Fee: \$20.00, 2 in-service hours

Location: Resources for Child Caring, St. Paul

Instructor: Judy Davis

Time: Monday, December 6, 7:00–9:00 p.m.

Fee: \$20.00, 2 in-service hours

Location: Canterbury Inn, Shakopee

No More Time-Outs

CDA 3

Toddlers are too young to understand the concept of time-outs. Cause and effect is something toddlers have yet to grasp. In this interesting seminar, we will discuss developmentally appropriate discipline tactics for toddlers.

Instructor: Judy Davis

Time: Thursday, September 30, 7:00–9:00 p.m.

Fee: \$20.00, 2 in-service hours

Location: Chaska High School, Room P-150, Chaska

Instructor: Judy Davis

Time: Saturday, November 6, 10:45 a.m. –12:45 p.m.

Fee: \$20.00, 2 in-service hours

Location: Resources for Child Caring, St. Paul

OCTOBER

Introduction to Anxiety Disorders in Children

CDA 3

All young children feel anxious at times. Anxiety disorders in children are characterized by worry, concern, or fear that is exaggerated, pervasive, disproportionate to the situation at hand, and inappropriate for the child's age or developmental level. In this session we will be examining an overview of the signs and symptoms for a few of the most commonly diagnosed mental health disorders in children and adolescents (Stress, Fear, and Anxiety). We will also be looking at documenting your concerns, next steps and strategies to support parents and children.

Instructor: Kristen Wheeler

Time: Tuesday, October 5, 6:30–8:30 p.m.

Fee: \$20.00, 2 in-service hours

Location: Chaska High School, Room P-150, Chaska

How to Avoid Power Struggles and Win Cooperation

CDA 3

We will explore positive and practical tools that encourage cooperation and self-discipline in children through effective communication. We will also examine the usage of natural and logical consequences and problem solving that helps avoid power struggles.

Instructor: Joyce Flynn

Time: Monday, October 25, 6:30–8:30 p.m.

Fee: \$20.00, 2 in-service hours

Location: Resources for Child Caring, St. Paul

DECEMBER

Introduction to Infant Signing

CDA 2

Babies as young as 7 months old are able to utilize Sign Language to communicate. Having this ability helps them feel empowered and in control of their environment; thereby reducing unwanted behavior like fussing and biting. Signing is a natural way to create meaningful two-way communication between an infant and caregiver. **THIS CLASS WILL BE A PRE-REQUISITE FOR OTHER ASL CLASSES.**

Instructor: Debbie Lawrence

Time: Saturday, Dec 4, 8:30–10:30 a.m.

Fee: \$20.00, 2 in-service hours

Location: Resources for Child Caring, St. Paul

Understanding and Responding to the Sexual Behavior of Children

CDA 1 or 3

Children are exposed to sexual messages that put them at risk. Further your understanding of children's sexual behavior; learn to be more aware and to intervene earlier; learn basic assumptions for sexual learning; and define universal goals for healthy sexual development.

Instructor: Deb Colling

Time: Monday, December 6, 6:30–9:00 p.m.

Fee: \$25.00, 2.5 in-service hours

Location: Resources for Child Caring, St. Paul

It Wasn't Me! Fostering Positive Behavior through Reading and Play

CDA 3

Children learn, try out, and practice many tasks safely through reading and play. Find out how to tackle some behavior challenges for children such as honesty, resolving conflict, hitting and kicking, Forget lectures; when a child listens to a story or has an opportunity to learn through play, the rewards are great.

Instructor: Shelley Butler

Time: Tuesday, December 14, 6:30–8:30 p.m.

Fee: \$20.00, 2 in-service hours

Location: Blaine Human Services Center, Rm 300, Blaine

How Many Times Do I Have to Tell You?

CDA 3 or 6

Do you find yourself yelling, threatening, and pleading with your children and they still won't listen to you? This class will explore common barriers often used which discourage communication. Replace the barriers with builders which will promote communication and cooperation.

Instructor: Joyce Flynn

Time: Tuesday, December 14, 6:30–8:30 p.m.

Fee: \$20.00, 2 in-service hours

Location: RCC WEST- Hennepin Square, Minneapolis